



surface to soul
going deeper with vibrant faith

ASK A QUESTION A DAY FOR ONE MONTH

Ask your friends & family members one question a day for one month, or use these questions at a gathering with friends and family members. Keep a copy in your car, asking passengers questions that lead to deeper connections.

1. What topics or issues do you like to talk about? Which topics do you avoid and why?
2. What character traits do you look for in a friend? Which traits do you possess?
3. Who is the first person you would go to for help? Why?
4. Who or what gives you a sense of belonging?
5. What do you admire most in your parents?
6. What do you like most about your mom? Your dad? Your child?
7. What famous person would you like to have dinner with?
8. What are you most passionate about?
9. What are some of your favorite topics to discuss?
10. What is the most caring thing someone could do for you?
11. What is the most frustrating conversation you have had with a friend? A co-worker? A relative?
12. When and where do you feel most at peace?
13. What is the worst job you could possibly have? Why?
14. What movie or book has had a profound influence on you, and why?
15. What has been your greatest adventure so far?
16. What has been one of the most significant decisions you have made in your lifetime?
17. If you could live during a different time in history, when would it be? Why?
18. What have been some of the biggest risks you've taken so far? When have you been most courageous?
19. What activities or causes are you passionate about?
20. What's something you like to do that others may consider to be glib or shallow?
21. What advice would you like to pass on to your friends and family? What's the best advice you've been given?
22. Who is someone you consider to be wise?
23. In what ways does your faith and life connect in daily life?
24. If you were famous, what would you want to be known for?
25. In what circumstances is it hard for you to forgive others?
26. Who has taught you the most about God?
27. What is the biggest choice, change, or challenge you are facing right now?
28. What upsets or annoys you?
29. What do you want to be remembered for when you die?
30. What is the greatest challenge in being your age? What is the greatest joy?
31. What have been some of your "mountain high" experiences in life? Describe a "valley low" experience.