



surface to soul
going deeper with vibrant faith

30 TALK TRIGGERS FOR TEENAGERS

1. If you could get front row seats to any concert who would you most enjoy hearing/seeing?
2. If you could skip to any age right now, what would it be? Explain why.
3. What do you think is the biggest waste of time?
4. If you could have one celebrity do an extreme makeover of your bedroom who would you like it to be? What changes would you expect him/her to make?
5. Imagine that right now you were put in the position where you had to choose one job that you would do for the rest of your life, what job would you choose given who you are today?
6. Of all the rules that your parent(s) have established in your home, which rule bothers you the most?
7. When someone important dies (family member, friend, national figure), our lives can often be changed in a heartbeat. Whose death has affected you most in your life? Explain why.
8. The thing that I love most about my parents and/or family is...
9. If you had to have a part time job, what would you want the job to be?
10. What would you least like to do for a part time job?
11. When I think of the best part of the day for me, I think of...
12. Your parents have given you the job of planning your next family vacation. The vacation is for two weeks. Where would you go, and how would you spend?
13. If you could choose an award to be honored for, what would that award be?
14. You have won a \$1000 shopping spree at the store of your choice. What store would you choose? Why?
15. If you had to spend the next quarter/semester of school studying in another country, where would you choose to go?
16. If you could be the editor for a magazine of your choice, which magazine would you choose? What would you change?
17. Describe how your friends would describe you to someone new.
18. If you could relive any age so far, what age would you choose? Explain your answer.
19. Its five years in the future and your annual salary is one million dollars a year. What would you be doing to earn it?
20. Of your friends' mothers, which two are your favorites? Why?
21. If you could step into any movie and live in its fictional reality, which movie would it be?
22. If you could choose any job for one day. What would it be? Explain why you chose this job.
23. Name something that always puts you in a bad mood.
24. How do you feel about voting? What issues are most important to you for when you vote?
25. What do you think is the most pressing issue in the world today?
26. What's the biggest concern or need in your community?
27. What are the biggest concerns of teenagers?
28. What do you think you'll be doing 10 years from now? Where will you be living? What will you be doing?
29. Where do you see God at work in the world?
30. What do you think God is up to in your life?