



surface to soul
going deeper with vibrant faith

20 WAYS TO BUILD TRANSFORMING RELATIONSHIPS

Deepen your connection and impact with young people by doing one or more of the following activities with them. Consider intentionally connecting with your child, a neighbor, a relative, or someone from your faith community.

1. **Learn** . . . their names, where they go to school, and their birthdays.
2. **Remember** . . . their favorite sports, hobbies, TV shows, musicians, and memories.
3. **Ask** . . . about their interests, hobbies, classes, friends, and faith.
4. **Play** . . . board games, sports, cards, and video games with them.
5. **Read** . . . Bible stories, novels, comic books, and magazines with them.
6. **Notice** . . . their moods, attitudes, longings, and what energizes them.
7. **Watch** . . . TV shows, movies, sports games, plays, and concerts with them.
8. **Listen** . . . to their music, their hopes, their dreams, their joys, and their frustrations.
9. **Share** . . . your background, interests, faith, and turning points in life.
10. **Send** . . . notes, birthday cards, Christmas cards, and “thinking of you” cards.
11. **Discuss** . . . books, sports, politics, TV shows, current events, and faith with them.
12. **Text** . . . them Bible verses, jokes, prayers, happenings, quotes, and questions.
13. **Feed** . . . them pizza, hot dogs, tacos, smoothies, steak, or fresh fruit.
14. **Give** . . . them a space, a voice, your time, and your full attention.
15. **Contribute** . . . to their causes and collections.
16. **Point out** . . . their gifts, talents, positive behaviors, and potential.
17. **Catch** . . . them acting kind, being thoughtful, and doing something significant.
18. **Hide** . . . surprises for them to find.
19. **Celebrate** . . . their accomplishments, honors, birthdays, and their uniqueness.
20. **Be** . . . authentic, available, and affirming by doing all the previous items.